Preparation (12 July) by YZ

1. Photocopy informed consent (24 copies – signed only on session 1), and acknowledge forms (session 1: $20 x 24 copies; session 2: $30 x 24 copies)

Please see the 2 attached files

a. Acknowledgement Form: MoE\_Tier1\_Study2\_Payment\_AcknowledgementForm

b. Informed consent form

1. Qualtrics survey set up – total 4 links, please set up the two for session 1 first

a. session 1 for older adults (managed by Yue Zhong during data collection)

<https://qualtricsxm3kc96xc5g.az1.qualtrics.com/jfe/preview/previewId/c4b57d39-465d-46a8-90b8-707c4231538e/SV_9LyIWdNYaI4ipT0?Q_CHL=preview&Q_SurveyVersionID=current>

b. session 1 for young adults (managed by Winston during data collection),

<https://qualtricsxm3kc96xc5g.az1.qualtrics.com/jfe/preview/previewId/652f9a80-4d9f-4134-a35a-9d2a4c27b450/SV_4MBsWZlNUX0leIe?Q_CHL=preview&Q_SurveyVersionID=current>

To be finalized

session 2 for older adults (managed by Yue zhong),

session 2 for young adults (managed by Winston).

**Data collection is at the AAC for both young and older adults**

Experimenter for young adults: Winston

Experimenter for older adults: Yue Zhong

Venue: AAC (Yishu)

SASCO@Khatib  
813 Yishun Ring Rd, #01-01, Singapore 760813

Data collection date (15 July and 22 July, 8.30 am to 4pm)

**YZ to check to bring #1 to #4**

1. Informed consent form copy
2. Acknowledgement form (Session 1)
3. Fairprice vouchers $20 x 20 participants for session 1

and $30 x 20 participants for for session 2

1. A form to write down participants names (who play with who so to be consistent in both sessions) [excel file : Participants list]

Will use S01 – S10 for older adult 01 to 010

Will use Y01 -Y10 for young adults 01 to 010

(see attached file)

1. Equipment (TBC):

YZ: 2 laptops (for Qualtrics data collection) and ipad (for exergame)

Winston : 1 laptop (for zoom) and ipad (for exergame)

**Get ready for data collection**

(Winston : please get the informed consent form and acknowledge forms from Yue Zhong before study starts.)

1. Youth and older adults stay in different data collection room with experimenters to **sign the informed consent first** .
2. Winston set up zoom for recording. Once it is ready, inform YZ and get the two participants to do a short introduction (1-2 min with zoom to record the info)
3. Participants fill in the Qualtrics survey (part 1) by themselves(for young adults group) or assist/fill in on behalf by experimenter (for the older adults group).
4. Stop the survey when see the instruction (from Qualtrics) to play the exergame

Session 1 : Step upright – turn down to play for 2 rounds

Session 2 : Apple Frenzy (2 rounds—TBC)

1. Complete part 2 of Qualtrics survey
2. **Sign acknowledgement form and collec**t $20 voucher (for session 1) or $30 voucher (for session 2).